**BBC Radio 5 Live**

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 the BMJ the the Journal of for the BMJ this says that term anti depressants been prescribed more and more ways to be used more and more romance so and soaring really a 3rd seed given to treat pain in some in migraine the what Dr fane in the BMJ they're increasingly concerned about a lack of evidence supporting they used around 4million more anti depressant with to spend in England between 24 been a and 15 a near 7 % rise in more than any other class of of description and drugs and that in fact often used by people trying to combat other

conditions on the drugs actually designed for what's called off label descriptions but only one in 6 of those was supported by strong find evidence for the BMJ researchers found a quest to study the they look to warm 100000 antidepressant prescriptions written by a 170 adoptive promised 21000 adults in Canada nearly one in 3 of those were for an off label reason and just over a quarter of them were frog tickler anti depressant used to treat in some here but in the presumably it will be news to a lot of people that you know very very little scientific evidence That these anti depressant work for those conditions so we're quite an eye opener given how widely they have been used in England as well as in Canada with study took place we